

# VALUABLE PROGRAMS FOR YOU

**Cigna offers you numerous ways to help you maintain your health, well-being and sense of security.**

We value our relationships with our customers and want to provide them with the best opportunities for overall success. Our various programs give you the tools and information that you need to be healthy, secure, and prepared for any life changes. The programs below are available to you at no additional cost.\*\*

## Cigna Healthy Rewards<sup>®</sup>

Provides discounts on health and wellness services, including smoking cessation, diet programs, fitness centers, massage, chiropractic care and acupuncture



## Cigna Identity Theft Program

Offers extensive services, including a resolution kit, proactive notification to creditors to cancel accounts and credit cards and continuous one-on-one assistance



## Cigna Will Preparation

A simple, online, self-service program for your estate planning, will preparation, and power of attorney needs



## Cigna Secure Travel<sup>®</sup>

Emergency medical assistance and referrals when traveling, with no dollar limitations on medical evacuation/repatriation coverage



## Cignassurance<sup>®</sup>

Provides beneficiary support services, including bereavement counseling, legal and financial guidance

