



# HR News

## A Start to a Healthier You

Aurora Public Schools and Kaiser Permanente are teaming up to bring a variety of wellness opportunities to you.

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- Free early detection skin cancer examination with a board certified Kaiser Permanente dermatologist. [Sign up here](#) for a 10-minute examination
- Free Flu Shots from Kaiser Permanente
- Meet with your APS Benefits consultants to help you better understand how to maximize your benefits coverage
- The APS Wellness team will offer blood-pressure checks, scales for the Weigh and Win program, BMI calculation and a raffle that will include several wellness prizes
- Visit with Dispatch Health to learn more about how they are redefining healthcare delivery by bringing back house calls
- Other vendors included in this event are:
  - Delta Dental
  - 24 Hour Flex
  - Valic
  - Sunlife

**Date:** Thursday November 7, 2019

**Time:** 1:00 p.m. to 6:30 p.m.

**Location:** 15701 E. 1st Ave, Suite 112, Aurora Colorado 80011–Large Classroom



## Retirement Seminar

Aurora Public Schools, along with our retirement vendor AIG, are partnering to bring you a free retirement seminar. Learn how a 403(b) plan, also known as a tax-sheltered annuity (TSA) plan, PERA Benefits and Social Security affords you the opportunity to help save money for your future. Topics will include:

- PERA benefits
- Social Security
- 403(b)
- How these three plans work together



To register to attend follow the link below and enter the code **ACSAUR11AA**  
<https://my.valic.com/SeminarRegistration/Index.aspx>

**Date:** Tuesday November 12, 2019

**Time:** 4:00 p.m. to 6:00 p.m.

**Location:** Professional and Learning Conference Center (PLCC)  
15701 E. 1st Ave Aurora, Colorado 80011

**Aurora Schools Federal Credit Union Needs Your**

Our partner Aurora Schools Federal Credit Union (ASFCU) needs your input. For nearly 60 years ASFCU has served employees and students of Aurora Public Schools, please take a few minutes to fill out this short survey to help them in taking the right steps in continuing to serve our community. You can enter into a drawing to win one (1) \$500 Amazon gift card or two (2) \$250 Amazon gift cards. Thank you for your participation.

[https://surveys.az1.qualtrics.com/jfe/form/SV\\_6hSDfrQyGoWtSUR](https://surveys.az1.qualtrics.com/jfe/form/SV_6hSDfrQyGoWtSUR)